



Get Connected. Get Answers.

An initiative of Granite United Way

powered by:



EVERSOURCE



New Hampshire Housing
Bringing You Home



The State of
New Hampshire

Your link to resources.

Get help, give help. Discover options.

New Hampshire 2-1-1 is the number to dial when you need help or don't know where to call.

By dialing **New Hampshire 2-1-1** information is much easier to find.

New Hampshire 2-1-1 is:

- ⇒ a free and confidential call from anywhere in NH
- ⇒ person-to-person assistance
- ⇒ available 24/7 with translation assistance

Just dial **New Hampshire 2-1-1**

Toll free outside of New Hampshire:

1.866.444.4211

www.211nh.org



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For everyday needs and difficult times,



is **your connection** to thousands of resources available in New Hampshire

The service that 2-1-1 provides is information and referrals. The 2-1-1 team can help connect you with:

- Clothing and thrift shops
- Community services & organizations
- Consumer services
- Crisis services
- Discrimination assistance
- Domestic & sexual violence services
- Education - GED instruction, computer classes
- Employment services
- Food pantries & nutrition programs
- Health care services
- Housing - homeless prevention, shelter, tenant's rights
- Legal assistance
- Mental health care & counseling
- Mentoring
- Military, family & community network
- Parenting programs
- Smoking cessation programs
- Substance abuse services
- Support groups
- Transportation
- Utility assistance
- Youth & family services
- Veterans services
- Volunteer opportunities
- Wellness programs

AND MUCH MORE

Need help? Dial 

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Search for services at www.211nh.org